



October 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| | | 1 9:00 am ABC Seniors 11:00 am Public Skating 4:00 pm NK Figure Skating Club Lessons 7:00 pm Ping Pong 7:00 pm Euchre at Wilson Park | 2 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 9:00 am ABC Seniors 10:00 am Exercise and Falls Prevention Classes courtesy of Community Care 11:00 am Public Skating 3:30 pm Loonie Skate | 3 10:00 am Apsley Family Play to Learn 11:00 am Public Skating 12:30 pm Darts, Cards at Wilson Park 4:00 pm NK Figure Skating Club Lessons 6:00 pm Adult Indoor Pickleball 8:30 pm Adult Hockey | 4 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 11:00 am Public Skating 12:30 pm Bridge Club 7:00 pm NK Knights vs. Amherstview Jets | 5 11:00 am Public Skating 7:00 pm NK Knights vs. Napanee Raiders |
| 6 11:00 am Public Skating | 7 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 10:00 am Exercise and Falls Prevention Classes courtesy of Community Care 11:00 am Public Skating 6:00 pm Adult Indoor Pickleball | 8 9:00 am ABC Seniors 11:00 am Public Skating 4:00 pm NK Figure Skating Club Lessons 7:00 pm Ping Pong 7:00 pm Euchre at Wilson Park | 9 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 9:00 am Free Blood Pressure Clinics 9:00 am ABC Seniors 10:00 am Exercise and Falls Prevention Classes courtesy of Community Care 11:00 am Public Skating 11:00 am Glen Alda Seniors 3:30 pm Loonie Skate | 10 10:00 am Apsley Family Play to Learn 11:00 am Public Skating 12:30 pm Darts, Cards at Wilson Park 4:00 pm NK Figure Skating Club Lessons 8:30 pm Adult Hockey | 11 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 11:00 am Public Skating 12:30 pm Bridge Club 3:00 pm Alda K9 Dog Training | 12 11:00 am Public Skating 7:00 pm NK Knights vs. Trent Hills Thunder |
| 13 10:00 am Special Clean-Up Days at The Anstruther Transfer Station 11:00 am Public Skating | 14 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 10:00 am Special Clean-Up Days at | 15 9:00 am ABC Seniors 11:00 am Public Skating 4:00 pm NK Figure Skating Club Lessons | 16 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 9:00 am ABC Seniors | 17 10:00 am Apsley Family Play to Learn 11:00 am Public Skating 12:30 pm Darts, Cards at Wilson Park | 18 7:00 am Figure Skating Ticket Ice 8:30 am Core/Resistance Training Classes 11:00 am Public Skating | 19 11:00 am Public Skating 7:00 pm NK Knights vs. Picton Pirates |

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| | <p>The Anstruther Transfer Station</p> <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>6:00 pm Adult Indoor Pickleball</p> | <p>7:00 pm Ping Pong</p> <p>7:00 pm Euchre at Wilson Park</p> | <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>3:30 pm Loonie Skate</p> <p>7:00 pm Lions Euchre Nights</p> | <p>4:00 pm NK Figure Skating Club Lessons</p> <p>6:00 pm Adult Indoor Pickleball</p> <p>8:30 pm Adult Hockey</p> | <p>12:30 pm Bridge Club</p> <p>3:00 pm Alda K9 Dog Training</p> | |
| <p>20</p> <p>11:00 am Public Skating</p> | <p>21</p> <p>7:00 am Figure Skating Ticket Ice</p> <p>8:30 am Core/Resistance Training Classes</p> <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>6:00 pm Adult Indoor Pickleball</p> | <p>22</p> <p>9:00 am ABC Seniors</p> <p>11:00 am Public Skating</p> <p>11:30 am Service Ontario On The Go Mobile Centre</p> <p>4:00 pm NK Figure Skating Club Lessons</p> <p>7:00 pm Ping Pong</p> <p>7:00 pm Euchre at Wilson Park</p> | <p>23</p> <p>7:00 am Figure Skating Ticket Ice</p> <p>9:00 am ABC Seniors</p> <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>11:00 am Glen Alda Seniors</p> <p>3:30 pm Loonie Skate</p> | <p>24</p> <p>10:00 am Apsley Family Play to Learn</p> <p>11:00 am Public Skating</p> <p>12:30 pm Darts, Cards at Wilson Park</p> <p>4:00 pm NK Figure Skating Club Lessons</p> <p>8:30 pm Adult Hockey</p> | <p>25</p> <p>7:00 am Figure Skating Ticket Ice</p> <p>11:00 am Public Skating</p> <p>12:30 pm Bridge Club</p> <p>3:00 pm Alda K9 Dog Training</p> | <p>26</p> <p>11:00 am Public Skating</p> <p>7:00 pm NK Knights vs. Amherstview Jets</p> |
| <p>27</p> <p>11:00 am Public Skating</p> <p>6:00 pm NK Knights vs. Frankford Huskies</p> | <p>28</p> <p>7:00 am Figure Skating Ticket Ice</p> <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>6:00 pm Adult Indoor Pickleball</p> | <p>29</p> <p>9:00 am ABC Seniors</p> <p>11:00 am Public Skating</p> <p>4:00 pm NK Figure Skating Club Lessons</p> <p>7:00 pm Ping Pong</p> <p>7:00 pm Euchre at Wilson Park</p> | <p>30</p> <p>7:00 am Figure Skating Ticket Ice</p> <p>9:00 am ABC Seniors</p> <p>10:00 am Exercise and Falls Prevention Classes courtesy of Community Care</p> <p>11:00 am Public Skating</p> <p>3:30 pm Loonie Skate</p> | <p>31</p> <p>10:00 am Apsley Family Play to Learn</p> <p>11:00 am Public Skating</p> <p>12:30 pm Darts, Cards at Wilson Park</p> <p>4:00 pm NK Figure Skating Club Lessons</p> <p>8:30 pm Adult Hockey</p> | | |